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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **DESCRIPTION** | **Monday** | **Tuesday** | **Weds** | **Thursday** | **Friday** | **Saturday** | **Sunday** | **As needed** |
| **CHILDREN** | Dress/breakfast/teeth clean |  |  |  |  |  |  |  |  |
| Nursery/childminder drop-off |  |  |  |  |  |  |  |  |
| Nursery/childminder pick-up |  |  |  |  |  |  |  |  |
| Make/organise dinner |  |  |  |  |  |  |  |  |
| Bath-time/Bed-time routine |  |  |  |  |  |  |  |  |
| Sterilise bottles/get stuff ready for t’row |  |  |  |  |  |  |  |  |
| **DOMESTIC** | Plan meals for week |  |  |  |  |  |  |  |  |
| Do online shopping |  |  |  |  |  |  |  |  |
| Put away online shopping delivery |  |  |  |  |  |  |  |  |
| Top-up shopping |  |  |  |  |  |  |  |  |
| Make dinner |  |  |  |  |  |  |  |  |
| Change beds |  |  |  |  |  |  |  |  |
| Stay on top of laundry basket |  |  |  |  |  |  |  |  |
| Ironing |  |  |  |  |  |  |  |  |
| Quick clean of kitchen/stack dishwasher |  |  |  |  |  |  |  |  |
| Full dust/clean of house |  |  |  |  |  |  |  |  |
| **FAMILY ORGANISATION** | Keep on top of nursery paperwork |  |  |  |  |  |  |  |  |
| Pay bills/keep eye on joint account |  |  |  |  |  |  |  |  |
| Organise family outings/socials |  |  |  |  |  |  |  |  |
| Organise car insurance, MOT etc |  |  |  |  |  |  |  |  |
| Remember birthdays |  |  |  |  |  |  |  |  |
| Night out – choir/running club |  |  |  |  |  |  |  |  |